



SAC
AUTISM CENTRE
Helping you raise a child with Autism

SERVICES PROVIDED

- Behavioral Intervention
- Occupational & Sensory Intervention
- Social Skills Group
- Special Education

Centre Timings : 08:15 am to 04:30 pm
for admission and other details contact **9721452347**

Sunbeam Autism Centre
Sunbeam Varuna, Central Jail Road, Varanasi

email: sac@sunbeamschools.co.in visit us at www.sunbeamschools.com




Sunbeam
Group of Educational Institutions - Varanasi
A Group of Sikh Minority Private and Unaided Educational Institutions

Sunbeam Schools

| | |
|---|---|
| Annapurna Tel # 0542-2222130, 2222131 | Bhagwanpur Tel # 0542-2366355, 2366044 |
| Bhagwanpur Tel # 0542-2368949, 2366885, 2368208 | Lahartara Tel # 0542-2226817 |
| Indiranagar Tel # 09721452300 | Suncity Tel # 0972152900 |
| Lahartara Tel # 0542-2226617, 2226817, 09721452500 | Varuna Tel # 09721452404, 9721452422 |
| Sunchy Tel # 0972152900 | |
| Varuna Tel # 0542-2281190, 2281191, 09721452700 | |

Sunbeam College for Women, Bhagwanpur Tel # 0542-2366488
Sunbeam Women's College, Varuna Tel # 09721452422
सुनबीम प्रमोद स्कूल, कासगाँव (निजुक विभाग) Tel # 0542-2670333

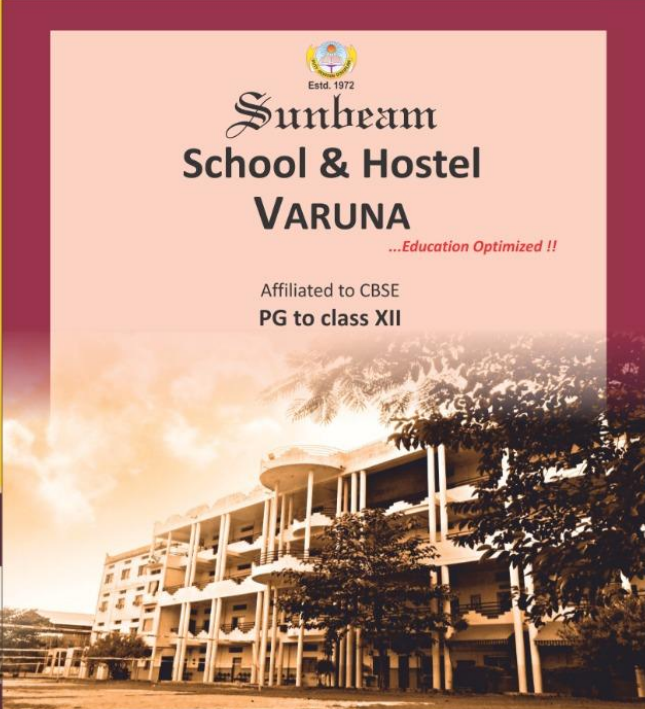
Sunbeam Hostels

Bhagwanpur Tel # 0542-2366355, 2366044
Lahartara Tel # 0542-2226817
Suncity Tel # 0972152900
Varuna Tel # 09721452404, 9721452422

Temples of learning in the city of temples....

Associate Sunbeam Schools
Azamgarh | Ballia | Babatpur | Bhadohi | Cholapur | Deoria | Faizabad | Ghazipur
Gonda | Jaunpur | Mau | Mirzapur | Mughalsarai | Narayanpur | Robertsganj | Sultanpur

www.sunbeamschools.com info@sunbeamschools.com



Sunbeam
School & Hostel
VARUNA
...Education Optimized !!

Affiliated to CBSE
PG to class XII



Central Jail Road, Varanasi
Phone and Fax - 0542-2281190, 2281191, 09721452700
Website : www.sunbeamschools.com/school/varuna

Aims and Values

'If you would hit the mark, you must aim a little above it'

We aim to help each child to:

- Learn effectively and develop their full potential.
- Acquire the attitudes, skills and knowledge that will form the basis for their future living and learning.

We aim to:

- Provide all children with a secure, caring, friendly and well organised environment where discipline is firm, fair and consistent.
- Ensure that all children receive equal regard and equal access to the curriculum.
- Incorporate Technology, Theory of MI, collaborative learning in all areas of teaching.
- Develop in children a degree of independence and self motivation.
- Encourage behavior that is tolerant, sensitive to others and reflects good manners and moral awareness.

We encourage children to value:

- Excellence in their work.
- Doing their best for others and understanding the strengths and weaknesses of others.
- Working together in groups and teams.
- All staff, teachers and the school as a community.
- The environment, the school and their personal property.
- The reputation and goodwill of the school.

Leisure Time Activity

| | |
|--|---------------------------|
| 1. Music-Vocal | 2. Dramatics |
| 3. Elocution - Debating | 4. Art & Craft & Painting |
| 5. Instrumental | 6. Electronics |
| 7. Dramatics | 8. Pottery |
| 9. Sculpture | 10. Quiz |
| 11. Dance - Indian Classical, Indian Folk, Western | |
| 12. Instrumental - Sitar, Tabla, Violin, Keyboard, Flute | |

Sports Facilities

| | | |
|--|--------------|---------------|
| 1. Basketball | 2. Skating | 3. Volleyball |
| 4. Cricket | 5. Football | 6. Yoga |
| 7. Table Tennis | 8. Chess | 9. Badminton |
| 10. Gymnasium | 11. Handball | 12. Athletics |
| 13. Martial arts (Karate, Wushu & Taekwondo) | | |

School Facilities

- Well equipped state of the art labs-Science, Math, Computers, EVS; Language Lab and Active Learning Lab
- Studios - Art and Craft, Dance and Music, Photography
- Two multi utility multipurpose halls
- State of the art conference rooms
- Audio and video resources, internet facility
- Separate Teachers' Resource Centre,
- Spacious well stocked library
- Digital Smart Classes
- GPS Enabled Transport facilities.

Extending classroom boundaries
Co-curricular and Leisure Time Activities help children broaden their vision and enhance classroom learning, all under the guidance of experts who are masters in their respective fields. Eminent national and international personalities are invited for lectures-demonstrations, which gives children opportunity to interact with the finest professionals.

The Sunbeam Precept
We aim to put our children at the centre of their own learning and place great emphasis on nurturing skills and attitudes such as resourcefulness, resilience and co-operation. Incorporating the theory of Multiple Intelligence to give each child an opportunity to learn the way he wants to has really enhanced our academic delivery system as has the incorporation of Integrated Blended Learning Designs (IBLD). In classes XI & XII we offer subject choices in Science, Commerce & Humanities.

Sunbeam Hostel, Varuna

... a home with a difference!



Academic Support

- Academic coaching and study hours supervised by teachers, mentors of the school for academic excellence.
- Guidance & association with coaching centers of repute for competitive engineering and medical entrance exams.

A little bit more on our Infrastructure...

- Sunbeam hostel has separate wings for boys and girls who enjoy the best of infrastructural facilities, a warm stimulating and enlivening atmosphere and affable mentoring to make their stay enriching and memorable.
- The intake for the hostel is from classes IV to IX & XI.
- Separate infirmary for boys and girls with regular health checkups.
- 24-hour security with Close Circuit cameras and technology support.
- Food Court and Stationery shop.
- Library, students resource centre and recreation lounge.
- 24-hour 'Reverse Osmosis' purified clean drinking water.
- Hi-tech campus with wireless broadband internet connectivity and Computer Resource Centre.
- Specifically designed dining hall with satellite connected TV. Researched menu, keeping in mind the nutritive requirements season-wise. Saying of prayer, thanksgiving, etiquettes and table manners are all taught and religiously followed here.
- A world class auditorium fully air conditioned with digital DOLBY sound system - Harmony.

Additional Support

- On-campus sports coaching facilities including volleyball, basketball, badminton and table tennis, fully equipped Gymnasium. Opportunity for talented sports persons to excel nationally and internationally.

Salient features

- Regular Sports, Yoga, Meditation and Art of Living Classes.
- Highest standards of cleanliness and hygiene are strictly maintained throughout the premise.
- Supervised local and out-of-school tours and visit for widening the mental horizon of the children.
- Specially designed SUNDAY ACTIVITIES with movie shows, remedial classes, inter-hostel competitions, music and cultural shows and much more...
- Chance to interact with professionals from different walks of life, experts and celebrities to understand what it takes to succeed.
- Counselling services by expert counsellors to help students overcome their professional and personal problems.
- Unique programmes like Adventure Camps and Edutainment (Summer and Spring) camps comprising various activities are held to test children's mental and physical agility and help in their growth.
- Projects, visits to various places and social work are undertaken to inculcate values and ethics.
- Mind spark classes to enhance mathematical skills.
- Skype calls to ensure regular connect with parents.
- Indeed a home with love, warmth, care and guidance.

Sunbeam Varuna... "Developing Intelligence plus character"



Sunbeam School

Annapurna, Bhagwanpur, Indiranagar, Lahartara, Suncity, Varuna, Sarnath



Sunbeam School **MAGIC**

Dear Parents

The Sunbeam Schools epitomize state-of the art, technology-aided learning system which is delivered by educationists par excellence straight from the heart. In our endeavor to revolutionize education and harness different skills in a child, we have introduced various learning and teaching programs which not only develops their mental agility but also aids in reading, communication, presentation and life skills. We would take this opportunity to introduce you to a few of these programs.

With the changed situation in the wake of the pandemic, Sunbeam Schools effortlessly took the academic delivery system to the virtual platform and ensured that learning continued seamlessly. The staff members and admins were trained to excel on the virtual platform with training from institutions of repute like **Common Wealth of Learning Athabasca University, The University of Queensland, XLS Virtual Learning Program** from Heritage Experiential Learning School amongst others.

Technology - All Sunbeam Schools extensively use the Microsoft/Google (G-Suite) platform for the Learning Management System. Microsoft Sway, Adobe Spark, Nearpod, Peardeck, Geogebra, Mentimeter, Edpuzzle, Kahoot, Socrative, Quizizz, Google Forms etc are all part of Sunbeam educational delivery system and children across are very proficient in their usage.

Teachers and students alike have laptop / learning pads as important tools.

Quality Circle Time (QCT) : Quality Circle Time is time for children to gather together to share their personal feelings and ideas about things that are significant to them. By showing children that their opinion counts, encourage them to express their feelings and make real choices, QCT enhances their self esteem.

SEL & QCT – Social Emotional Learning standards & framework is extensively embedded in our curriculum for children to acquire the knowledge, attitudes and skills they need to recognize and manage their emotions demonstrate care and concern for others, establish positive relationships and take responsible decisions.

MULTIPLE INTELLIGENCE : Sunbeam schools recognize that children learn in myriad ways and demonstrate intelligence beyond mere language and mathematical abilities. MI incorporated in our teaching helps them to understand and learn it the way they want to. The MI tests that we conduct provide details regarding the dominant and dormant intelligence in a child and suggestions on how to nurture and hone them up. We also have provision for mapping MI through the science of Dermatographics.

SCHOOL CINEMA : The reality of how our children are growing today is very different from what it used to be. The world has enormously changed. Bullying, fear, pressures, stress, have all taken over our children, and they have more to deal with than our earlier generations ever did. And when it comes to teaching our children about this new world, the need of the hour is a method of communication through which we can talk to them, in a language they can understand. Today, films have an unbelievable impact in society. We are happy to bring to our students – a film-based learning module for classes I to XI supported by a fun and exciting workbook, designed to introduce and reaffirm life-skills, values and morals to children in the form of School Cinema. The films that

the students see under School Cinema deal with a range of topics like values, life skills, citizenship, national integration and understanding children.

INTERNATIONAL KIDS FILM FESTIVAL : All the Sunbeam schools take part enthusiastically in the annual International Kids Film Festival, a unique festival hosted by schools across the globe that provides an opportunity for students to watch the best of International Children's Films, learn from film making master classes and make films to participate in the World's largest film making competition.

COUNSELING : Counseling is an important and effective way of dealing with stress and strain of everyday life. In order to help students cope with problems like lack of concentration, restlessness, disinterest in studies, aggressiveness, behavioral and emotional disorders etc., we have a trained psychologist in the school. Students and parents are encouraged to come and discuss their problems with the counselor and seek guidance. Teachers are the first hand counselors and the school also has trained teachers to provide Pastoral care. Teachers have been trained extensively by external agencies to provide pastoral care.

LEISURE TIME ACTIVITY : helps children to broaden their vision and enhance classroom learning. These activities are done under the guidance of experts who are masters in their respective fields.

CAREER INFORMATION CELL : In order to keep students abreast of all happenings across and to provide them more information on the career front, to help them decide on a fruitful career and provide them in-depth information on the same, we have Career Information Cell for students from class VIII upwards. Trained Career counselors from different agencies also conduct special sessions on career avenues for our senior school students along with conducting psychometric tests and disseminating results. Director ICS is on our advisory council as well.

ASSET DIAGNOSTIC TEST CONDUCTED BY EDUCATIONAL INITIATIVES, AHMEDABAD : Students from classes III to X participate in Asset diagnostic test taken by the best of schools from all over India and abroad for students to help pin-point their strengths and weaknesses in core subjects and also provide them a benchmark with their peers. The schools also get to know specific areas requiring attention. The Asset tests are held in English, Maths & Science.

JODO GYAN ACTIVITIES & TEACHING LEARNING MATERIALS : KG section and Classes I & II use a variety of Jodo Gyan tools and kits to teach different mathematical concepts. These teaching learning materials and activities have been developed over a period of time by actual problem solving by teaching mathematics and help children in the junior school to understand mathematical concepts easily and for a lifetime.

THE ETIQUETTE CLUB : This club grooms the children in terms of etiquettes and confidence to stand out in a crowd during the course of a celebration or a function and of course in everyday life too. This 6 class course is held on 6 consecutive Sundays and ends with a celebration in a restaurant. Participation in this club is completely optional.

LOGOPHILIA PRONUNCIATION PROGRAM : Sunbeam has introduced Etymology-based English Pronunciation programme for students from **class VIII upwards** to give them powerful understanding of how words in the English Language should be pronounced, logically. This endeavor is in association with India's foremost training concern in Etymology, **Logophilia Education**. The Logophilia Pronunciation Programme provides a powerful and systematic explanation of the sounds in the English Language, using Orthoepy principles, delivered through Etymology Education.



Sunbeam Hostel Magic

Bhagwanpur, Lahartara, Varuna & Suncity



Sunbeam Hostels believe in holistic education, excellence, and personality development in students. The various programmes and activities organized for the boarders motivate and inspire them to discover more about themselves and their potential and also the world around them - and evolve into 'Leaders' of tomorrow .

- **Hybrid Classes:** An amalgamation of Synchronous and Asynchronous Learning system using technology helps the boarders to personalize their learning and scale up conceptual understanding at their own pace and time. Boarders are allowed to use digital devices like Laptops and Ipads to continue with learning beyond regular school hours.
- **International & Intercultural student exchanges:** Being attached to Round Square and AFS boarders have privilege program of going to other countries on student exchange program and learn about different cultures and traditions and also imbibe the spirit of internationalism. Our students have till now been to Italy, Puerto Rico, Japan, France amongst other countries. The Hostels have also hosted students from France, Ghana, Thailand, Italy, Turkey and other countries thus making our hostels a small global village.
- **Pastoral Care** – Sunbeam Hostels are committed to the development and growth and well being of each boarder. Trained pastoral guides and counselors focus on cultivating an environment and culture that supports the Physical, Social, Intellectual, emotional and spiritual development of all boarders.
- **Personality Development Sessions and Communication Workshops** sharpen English communication in all boarders and give them lessons in grooming and etiquettes to hold them in good stead in the future.
- **Quality Circle Time** with teachers and Wardens/ Housemasters/Administrators help in beautiful relationship-building and allowing boarders to speak their heart out and come out of their inhibitions.
- **Inter Sunbeam Hostel Competitions** give the boarders, across classes, a platform in various avenues like elocution, debate, quizzes, sporting events and they feel proud of representing their hostels and come back as achievers.
- **Sunday and Holiday Routines** are designed to give the boarders different experiences and skills towards education and entertainment thus brightening up their free time.
- **Sports Coaching** by professional coaches provide all boarders to delve deep within to bring out the champion and, in the process, be acknowledged as CBSE zonal and even national champions, bringing laurels to self and the schools.
- **Yoga, Meditation and Life Skills sessions** help the boarders to strengthen their Emotional and Spiritual Quotient.
- **Regular Outings / Class and Hostel Picnics** are a great time to bond and have fun and come back rejuvenated for regular school routines.
- **Well researched Menu** not only appeals to the palettes of the children but also looks after their nutritional requirements and well being. We serve veg+non-veg cuisine/keeping the health+ ... requirement of children

- **Lines of Communication:** The boarders are allowed to make a call out and receive a call every week to be in touch with parents and dear ones. The parents can also call the Hostel office or the Superintendent to convey any important message out of turn. The boarders also write to their parents once every fortnight.
- **Different Festival Celebrations** not only highlight the importance of respecting all religions but also bring out the values and morals behind each of them and also introduce the boarders to different cultures, celebrations and cuisines.
- **Srijan** –the creativity camp for junior and middle schools brings out the hidden talent and polishes them thereby imbibing a sense of achievement in every participating boarder.
- **Cinema Time** provides opportunities for boarders to witness all time classics, deliberate and discuss, thus giving a new meaning to movie viewing. Once in a while, they step out of the campus to the halls to see and enjoy a trending blockbuster also.
- **Karaoke Sessions** allow the boarders an hour of undiluted fun as they go about showcasing their musical intelligence.
- **Zumba Dance Sessions** provide the boarders energy and enthusiasm as they go about capturing beats to lively music.
- ❖ **Yoga, Meditation, Art of living helps boarders to focus on Physical as well as mental and spiritual fitness.**

❖ **Logophilia Pronunciation Program.**

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The Logophilia Pronunciation Programme provides a powerful and systematic explanation of the sounds in the English Language, using Orthoepy principles, delivered through Etymology Education.

They will also get a certificate of Participation.

**For more details, do visit : <http://www.logophilia.in/>
Mindspark by Educational Initiatives , Ahmedabad.**

Mindspark is a computer-based adaptive learning system in **Maths and in English** which primarily uses questions to help children learn, by explaining basic concepts and building strong fundamentals. Mindspark has a built-in adaptive logic that allows a student to proceed at his/her own pace, depending on their level of comfort in a particular concept. This helps in improving the confidence of the child when solving more challenging math problems. The focus on Mindspark is to help the child learn well, with understanding. When children learn the basics with understanding, this has a long term impact on how they perform on those topics as well as those built upon them. The questions are 'finely-graded' meaning that there are a very large number of questions of gradually increasing levels of difficulty. Questions are specially designed to test understanding and to help students clear misconceptions. There is very little emphasis on instruction due to the belief that students learn when they have to think – either to answer a question, or do an activity on the computer. This program is for all boarders from Classes III to IX English and Classes III to X Maths.

For more details, do visit :<http://www.mindspark.in/>